



## Executive Coaching Programme

learn@AP's Executive Coaching Programme is designed to support actuarial professionals in achieving specific professional and organisational objectives. It comprises a series of regular, one-to-one sessions, where our passionate coaches help participants discover solutions and ways forward, guided by our effective questioning approach and drawing from our coaches' extensive personal experience.

During a typical coaching session, the participant chooses the focus of the conversation. Our coach listens and asks effective questions that contribute towards the development of solutions. This provides greater focus and awareness of possibilities to the participant, leading to more optimal decision making. The focus is not limited to technical actuarial matters. It can cover other areas such as communication, management, career transition as well as professional examinations. Whilst accountability of results remains with the participant, learn@AP's Executive Coaching Programme aims to accelerate the progress.

Participants can derive the following benefits from learn@AP's Executive Coaching Programme:

- Increased confidence in performing technical actuarial work as well as communicating results to key stakeholders,
- Improved decision making through gaining different perspectives to opportunities and challenges; and
- Improved career performance, ultimately leading to increased personal satisfaction with work.



### Contact Us:

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**Developed for actuarial professionals**

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**Led by experienced, passionate actuaries**

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**One-to-one attention**

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**Not limited to technical actuarial matters**

### Who would benefit?

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**You have a strong sense that you are not realizing your full potential**

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**You work in small departments, and/or in developing markets where in-house support is not adequate**

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**You are in a career transition**